



Covid-19 Protocols

Guidelines for Players, Coaches, Staff, and Spectators

- All players/coaches will need to self screen and answer these questions prior to coming to practices/games/league events:
 - Have you had a fever or 100.4° F or greater in the last 2 days?
 - Have you had a cough, difficulty breathing, chills, muscle aches, sore throat, headache, recent loss of taste or smell, nausea, flu like symptoms?
 - Have you had contact with someone with a person known to be infected with COVID-19 within the previous 14 days?
 - Have you had a positive COVID-19 test in the last 10 days?
 - Are you currently waiting on the results of a test for COVID-19?
- The wearing of a face covering is required at all times for coaches and staff, when distancing is not possible. It is recommended for ALL spectators when distancing is not possible.
 - Players in K4 and K5: face coverings are highly recommended when not in the game and social distancing is not possible. Face Coverings are not needed when involved in practice drills or games. When players are NOT in the game and on the bench, face coverings are recommended to be worn as distancing is not possible.
 - Players in 1st-6th grade are recommended to wear a face covering when not actively participating. Players may remove their face covering when engaged in a drill, play or scrimmage. If a player is not actively engaged in a drill, play or scrimmage they must put their face covering on. When players are NOT in the game and on the bench, face coverings are strongly recommended to be worn as distancing is not possible.
 - Social distancing shall be maintained at all times, except when actively participating.
 - Keep a safe distance of 6 feet between yourself and others who are not from your household.
 - No huddles, parent tunnels, high 5's, handshakes or fist bumps.
- Avoid Carpooling
- Players should bring their own water bottle. Hand sanitizer is also recommended for each player.
- Following the end of a scrimmage or game a round of applause or other creative socially distant celebration. (air fives, etc...) is acceptable and encouraged.
- Families may group together to watch a session but must maintain 6ft of distance between themselves on the next group

Guidelines Specifically for Players

- Players should refrain from sharing water bottles, balls, towels, equipment, etc.
 - Players need an individual and labeled water bottle
- Players should leave the car ready for play (wearing shin guards and shoes/cleats, flag belt on, etc...) to avoid any unnecessary belongings on the field
- Players will not be allowed to touch the coaches equipment (cones, whistles, etc.)
- Soccer players are encouraged to bring their own ball to each practice (size 3 for K-2nd, size 4 for 3rd-6th).
- All personal items should be kept away from teammates.
- Social distancing will be required on the sideline when not in scrimmages.

Guidelines Specifically for Coaches

- Coaches will be self screened and must not come to practices/games/events if any of the screening questions are answered yes.
- Coaches will be responsible for handling all equipment (cones, flags, goals, balls, etc) before, during and after sessions.
- Review expectations with players at first practice.
 - Continue to encourage social distancing guidelines as much as possible.
- A coach has the authority to assess an injured player and take appropriate action even if that means breaking social distancing guidelines.

Guideline for Facilities

- Restrooms will be sanitized frequently.
- Hand sanitizer stations will be present on each field.
- All equipment will be sanitized before each session.

Reporting a Sickness

- If your child or anyone in the family is showing symptoms of COVID19 OR been instructed by a doctor to get tested due to exposure OR been in direct contact with someone who has or is suspected to have COVID19, please do not come to your session.
- Email jmcdonald@gsfbc.org with your child's name, team name, symptoms, time frame for all symptoms, date of exposure, etc.